# IAGLCWDC Line Dance Competitions Step Sheet for

### Picnic Polka (updated 1/25/02\*)

Choreographed by David Padden

Description: 38 Count, 4 Wall Line Dance

**IAGLCWDC** Division: Beginner

IAGLCWDC Music Selection: "Cowboy Sweetheart", sung by LeAnn Rimes, 118 BPM, CD:

Unchained Melody: The Early Years

#### RIGHT TOE, HEEL, CHA CHA CHA, LEFT TOE, HEEL, CHA CHA CHA

- 1-2 Touch Right toe to Left instep, Touch Right heel to Left instep
- 3&4 Triple step on Right, Left, Right
- 5-6 Touch Left toe to Right instep, Touch Left heel to Right instep
- 7&8 Triple step in place on Left, Right, Left

#### SHUFFLE FORWARD AND BACK

- 9&10 Shuffle forward on Right, Left, Right
- 11&12 Shuffle forward on Left, Right, Left
- 13&14 Shuffle backward on Right, Left, Right
- 15&16 Shuffle backward on Left, Right, Left

#### RIGHT ROLLING VINE, STOMP AND CLAP, LEFT ROLLING VINE, STOMP AND CLAP

- 17-20 Right rolling vine on Right, Left, Right, Stomp and clap
- 21-24 Left rolling vine on Left, Right, Left, Stomp and clap

#### RIGHT KICK-BALL-CHANGE (twice), TURN, TURN

- 25&26 Kick Right foot forward, Step in place on ball of Right foot, Step Left foot next to Right
- 27&28 Kick Right foot forward, Step on place on ball of Right foot, Step Left foot next to Right
- 29-30 Step forward on Right foot, Pivot half turn left
- 31-32 Step forward on Right foot, Pivot half turn left

#### STOMP, CLAPS, CROSSING RIGHT SHUFFLE, TURN AND FORWARD SHUFFLE

- 33-36 Stomp Right foot (diagonally forward and slightly to the right), Clap hands three times
- 37&38 Cross Left over Right and shuffle to right on Left, Right, Left
- 39&40 Quarter turn right and shuffle forward on Right, Left, Right

## TURN AND LEFT CHASSE, TURN AND BACKWARD SHUFFLE, STEP FORWARD LEFT, RIGHT, LEFT, STOMP

- 41&42 Quarter turn right and step Left foot to left, Step Right foot next to Left, Step Left foot to left
- 43&44 Quarter turn right and shuffle backward on Right, Left, Right
- 45-48 Walk forward on Left, Right, Left, Stomp Right

#### Start Again!